



 **UMMA**
COMMUNITY CLINIC

20
years

—
ANNUAL REPORT

—
A legacy of community, health, and healing
—

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OUR MISSION

is to provide access to high-quality healthcare for all, regardless of ability to pay.

We are proud to be serving the residents of South Los Angeles with dignity since 1996.



Harte Prep
Middle School
Welcome Parents

The UMMA team is out in the community actively working with schools such as Bret Harte Middle School to make sure that South LA families are enrolled for health insurance and provided with the resources they need to stay healthy.

Dear Friend of UMMA,

UMMA has redefined the essence of what it means to be a community clinic over the past 20 years. We strive to treat every community member with the dignity and respect they deserve, while providing the highest level of quality healthcare. This is why over 6000 residents of South Los Angeles chose UMMA as their primary medical provider in 2015, and the numbers continue to grow. We are not just a low-to-no cost medical facility. We are home to your neighborhood doctors and nurses, with a wide and expanding range of services designed to heal body, mind, and spirit. Our community can feel the difference.

Born out of community trauma, UMMA and its staff work diligently to address this trauma as it manifests itself in health disparities, with dignity and a concern for our shared humanity. We are all brothers and sisters; race, creed, nor color should ever prevent us from seeking and

promoting long and healthy lives for all our community members. UMMA does not simply express a lofty ideal; over 50% of our staff grew up in the communities we serve and come from diverse backgrounds. Our staff has lived the lives of our patients and can not only sympathize, but also empathize with their daily struggles.

Together we have laid a solid foundation on which to build, and as we grow we will never veer from our mission of social justice, cultural humility and dignity. Our team is looking upstream for the sources of trauma, and working with community organizations and schools to have a greater impact and create lasting solutions. We are enhancing our patient team-based care as well as our patient-centered services in new locations to make our services more accessible to community members. We're expanding our hours, laying the foundations for our mobile health clinic and expanding our behavioral health services, to better serve the needs of our patients and community.

Community is our place and our passion.

At our core, lies the belief that dignity is not negotiable and we have been blessed to partner with others who hold that core belief as well. We would like to express our sincerest gratitude to the generations of volunteers that have given their time to serve with us, to our partners, board, staff, and last but certainly not least, our philanthropic supporters whose generosity gives us the ability to ensure health for all, regardless of culture, class or geography.

"WHEN YOU WALK IN THE DOOR, YOU FEEL SAFE – LIKE A LITTLE PIECE OF HEAVEN IN THE MIDDLE OF CHAOS."

Norma Arambula, Consumer Board Member

Thank you for your continued support.



Dr. Miriam Y. Vega
CEO, UMMA



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UMMA MILESTONES



1992

Muslim American students at UCLA and Charles Drew University establish the University Muslim Medical Association. In the wake of the civil disturbances of 1992, the students decide to open a free clinic with University support.

1994

The City of Los Angeles provides UMMA with a home - an empty building on Florence Ave, formerly the "Betty Boop Child Care Center". While waiting on construction for the clinic to be completed, the students collected donated equipment and with the invaluable help of Councilwoman Rita Walters, raised more than \$1.3 million in funds.

1996

On September 24th, UMMA sees its first patient. Volunteers of all faiths come together to serve. The clinic has two staff members and provides services two half-days per week.

1997

UMMA incorporates as a non-profit with its first board of directors.

1999

UMMA receives the Best Practices Award from United States Department of Housing and Urban Development.





2001

The Greater Los Angeles Association of Fundraising Professionals recognizes UMMA as "Most Outstanding Volunteer Organization."

2002

UMMA serves its 10,000th patient.



2004

Formerly classified as a free clinic, UMMA becomes licensed as a community clinic and hires its first paid medical director.

2000

Muslim donors save the clinic from closure, donating \$400,000 in one evening.

2005

UMMA partners with two local universities to conduct a two-year study regarding Muslim women's perceptions of breast health and breast-cancer prevention. The project was funded through a grant from the Susan G. Komen Breast Cancer Foundation.



2008

UMMA serves its 20,000th patient and is the first Muslim American organization designated as a Federally Qualified Health Center (FQHC), a special status awarded by the U.S. Government.

2009

UMMA is recognized by President Obama at the White House reception. UMMA was also invited to testify before the U.S. Congress on healthcare reform.

2007

UMMA co-founder and former CEO, Yasser Aman, testifies before Congress on national healthcare policy. ARAMCO Magazine recognizes UMMA for its work.

2006

Congresswoman Maxine Waters makes a formal statement on the floor of the House of Representatives recognizing UMMA for its commitment to excellence as a model of Muslim philanthropy.

2011

UMMA expands its facility, doubling its capacity to serve the community.





2013

UMMA opens its school-based Wellness Center & Community Garden in the underserved and at risk South Los Angeles community at Fremont High School.

2014

UMMA is certified as a Patient Centered Medical Home (PCMH).

2015

UMMA receives a federal grant to expand their behavioral health services to the South LA community.

2012

Mental health and substance abuse programs are implemented.



2016

UMMA celebrates 20 years of service by expanding their behavioral health services, pre-natal care, prolonging their hours of operation, adding additional providers, and announces plans for a mobile clinic to make healthcare more accessible to South Los Angeles' residents.

STORIES OF OUR LEGACY



UMMA
COMMUNITY CLINIC
healthcare for all, inspired by Islam

What are the most common symptoms of a cold?
What are the most common symptoms of the flu?
What are the most common symptoms of a headache?
What are the most common symptoms of a sore throat?
What are the most common symptoms of a stomach ache?
What are the most common symptoms of a fever?
What are the most common symptoms of a cough?
What are the most common symptoms of a runny nose?
What are the most common symptoms of a sneeze?
What are the most common symptoms of a watery eye?
What are the most common symptoms of a dry eye?
What are the most common symptoms of a blurry vision?
What are the most common symptoms of a double vision?
What are the most common symptoms of a headache?
What are the most common symptoms of a dizziness?
What are the most common symptoms of a lightheadedness?
What are the most common symptoms of a fainting?
What are the most common symptoms of a seizure?
What are the most common symptoms of a stroke?
What are the most common symptoms of a heart attack?
What are the most common symptoms of a heart failure?
What are the most common symptoms of a high blood pressure?
What are the most common symptoms of a low blood pressure?
What are the most common symptoms of a diabetes?
What are the most common symptoms of a thyroid disease?
What are the most common symptoms of a cancer?
What are the most common symptoms of a HIV/AIDS?
What are the most common symptoms of a hepatitis?
What are the most common symptoms of a tuberculosis?
What are the most common symptoms of a malaria?
What are the most common symptoms of a dengue fever?
What are the most common symptoms of a Zika virus?
What are the most common symptoms of a chikungunya?
What are the most common symptoms of a West Nile virus?
What are the most common symptoms of a Japanese encephalitis?
What are the most common symptoms of a rabies?
What are the most common symptoms of a tetanus?
What are the most common symptoms of a diphtheria?
What are the most common symptoms of a pertussis?
What are the most common symptoms of a measles?
What are the most common symptoms of a mumps?
What are the most common symptoms of a rubella?
What are the most common symptoms of a scarlet fever?
What are the most common symptoms of a streptococcal infection?
What are the most common symptoms of a meningitis?
What are the most common symptoms of a bacterial meningitis?
What are the most common symptoms of a viral meningitis?
What are the most common symptoms of a fungal meningitis?
What are the most common symptoms of a cryptococcal meningitis?
What are the most common symptoms of a toxoplasmosis?
What are the most common symptoms of a toxoplasmosis?
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UMMA's Student Health Leaders act as health ambassadors at Fremont High School and in their community.

A STORY ABOUT COMMUNITY

LESLIE CASTILLO

UMMA LVN

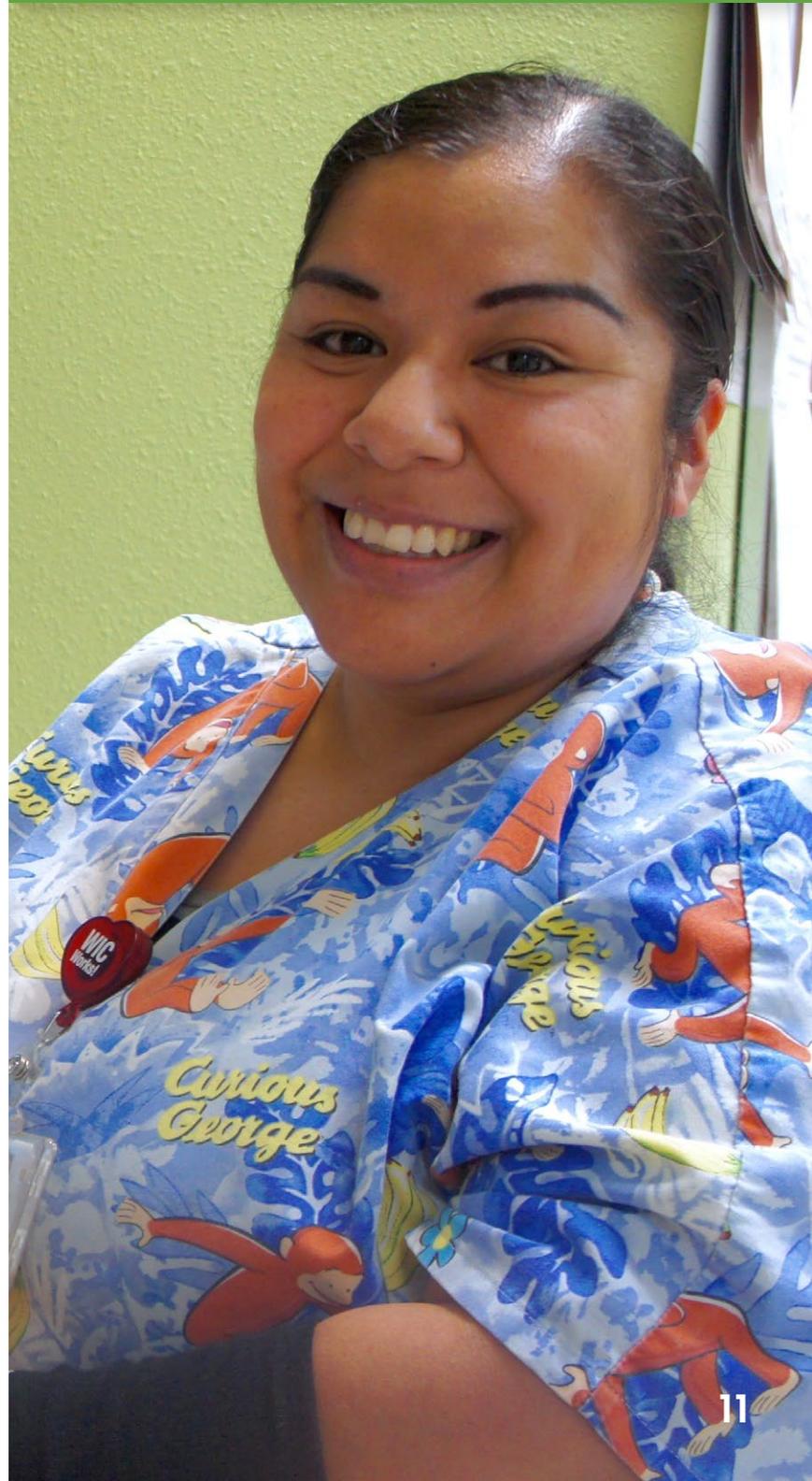
Twenty years ago, when Mr. Castillo needed a tuberculosis test in order to secure a construction job to support his family, he went from medical facility to medical facility in pursuit of affordable care. Wherever he went, the response was the same - because he was uninsured, the test was prohibitively expensive and therefore unattainable, which meant he would lose a much-needed job. It was just by chance that he saw a small "Free Clinic" sign out on Florence and Hoover Avenues in South Los Angeles, and having exhausted his options, walked in seeking help. **Little did he know this decision would change his life and the lives of his family forever.** Not only did he receive the test that he needed, but was given a full physical examination and extensive treatment when it came back positive. In his visit, he was also diagnosed with diabetes and given the tools and education he needed to live a healthier life.

Just a year after his first visit to UMMA, Mr. Castillo's daughter, Leslie, had a child at the age of 16. She was unemployed, uninsured, and raising her daughter on her own. When Leslie's daughter fell ill, her father urged her to turn to UMMA. Again, UMMA was there, and her daughter received the hyperthyroid medication that she needed to recover and stay healthy.

When Leslie's daughter was old enough, Leslie went back to school to become a LVN. Every time she would drive by our clinic, she would tell her daughter, "One day I'm going to work at that clinic. It's close to home, and do you remember that's where you went?"

After passing her LVN exam, Leslie applied for a job at UMMA and hasn't looked back. She knows what it's like to face life's challenges and is passionate about helping members of the community overcome them.

"We can't better the community if we don't stay here and work with it to make it better".



A STORY ABOUT HEALTH

SHOWKOT RAHMAN

UMMA Pediatrician



At UMMA, our patients are treated like family. The Castillos are just one family that has chosen UMMA as their medical home. Leslie Castillo told her sister, “move your children to UMMA and make Dr. Rahman their pediatrician. Dr. Rahman oozes love for her profession; she’s always laughing. She talks to the children and gets down on their level and really connects with the parents as well.”

Dr. Showkot Rahman and our team of providers put a focus on preventative care to help ameliorate the causes of obesity that currently plagues one in three residents of the South Los Angeles community and has created a high prevalence of diabetes, high cholesterol, heart issues and strokes. We are actively working to combat this epidemic. One of the ways that we do this is through early intervention.

“Even at two months old when infants are starting to get heavy,” states Dr. Rahman, “I start talking to the parents on how to feed them and control their weight in a normal way. Instead of juice, give them water, instead of cookies, give them fruits. **I always make sure that they understand that what they teach them now, that’s what they’re going to do after five years, ten years, etc.**”

“Being a mother of four children, I see my patients as my own children. I greatly value my patients and their parents’ time, input, and opinions to provide the best care possible.”

UMMA offers free diabetes education & counseling as well as chronic disease prevention workshops to our patients to give our community a roadmap to making healthier decisions.

Intellect, Love, and Mercy - three qualities that shape UMMA's philosophy of healthcare for all, are shared with our partners as well. The ILM Foundation in South Los Angeles, founded just two years after UMMA, made these qualities their namesake, and embodies them through and through. We share a mutual history - both born as a balm to help heal decades of damage that had devastated a community with a rich history, and for 17 years, UMMA has served by ILM's side for their annual Humanitarian Day on skid row.

"Take one day and convert it into a life mission - that's what we do with Humanitarian Day. This is a chance where you get organizations to advocate for social justice through the advocacy of homelessness and to share charity. **To save a life is to save humanity during the month of Ramadan,"** explains Umar Hakim, ILM's Executive Director.

"You take this one day that we practice in Ramadan, and then you grow it. When you go home, you practice it with your neighbors. And why your neighbors? Because your neighbors know you better than anybody. They know when you don't take out your trash, when you're arguing, so you take this mission that you learned when serving the homeless back home, and what does it do? It increases the relationships in your surroundings, in where you live."

Through our partnership with other local and national organizations such as the ILM Foundation, we make a bigger impact and help our community to heal in body and in spirit.

A STORY ABOUT HEALING

UMAR HAKIM

Executive Director of the ILM Foundation



OUR PROVIDERS



33,091

Patient Visits in 2015

UMMA's team of providers continues a legacy of training tomorrow's health professionals, keeping education at the crux of who we are. Dr. Cesar Barba (pictured) started with UMMA as a volunteer over his first two years of medical school. In doing so, he found that UMMA's philosophy was akin to his own; that healthcare is a right not a privilege and everyone deserves to lead a healthy life. That's why once he finished his residency, he came back to UMMA full time. Dr. Barba works actively with medical students, who like his younger self, need exposure outside of the



RESIDENTS THAT USE OUR SERVICES

22% Hypertensive Patients

16% Diabetic Patients

13% Obese Patients

2% Prenatal Patients

70% Latinos

23% African-American

university to help the underserved. He shows them how a full-scope family medicine clinic can run successfully and makes it clear that every interaction they have with their patients is extremely important and can have life-changing repercussions.

With three family medicine doctors, two pediatricians, three family nurse practitioners and an internal medicine physician, our range of medical providers has grown over the past year and continues to expand to better serve the community.

Going beyond medicine, UMMA's Black Visions of Wellness (BVOW) program works with underserved African/African American communities to provide mental and physical health services that promote wellness and rally resources in the interest of health initiatives, cultural recognition, educational reinforcement, family building and community revitalization.

OUR DONORS

Thank you to the over 7000 donors who make our daily clinic operations possible.



Visit <http://UMMAClinic.Kindful.com> to make a one-time contribution or to schedule automatic monthly donations.

THERE ARE OTHER WAYS TO GIVE:

Host an UMMA Presentation in your workplace

Gather your coworkers and reach out to AStrucke@UMMAClinic.org to schedule a presentation by UMMA's development team. Check with your employer to see if they do company matching to double your impact!

Have a Dinner in our honor.

Invite friends, family and colleagues over for a luncheon, brunch or dinner and host a mini-fundraiser in our name! Reach out to us beforehand and we can provide pamphlets and offer guidance.

Donations can be made online at <http://UMMAClinic.Kindful.com> or mailed to the UMMA Clinic P.O. Box 44A52, Los Angeles, CA 90044

Give back on everyday purchases on Amazon

Visit Smile.Amazon.com and choose the University Muslim Medical Association as your charity of choice. Be sure to use Smile.Amazon.com when making purchases!

OUR FINANCIALS

Patient Services: **\$2,933,035**

Government Funding: **\$2,214,690**

Private Funding: **\$487,715**

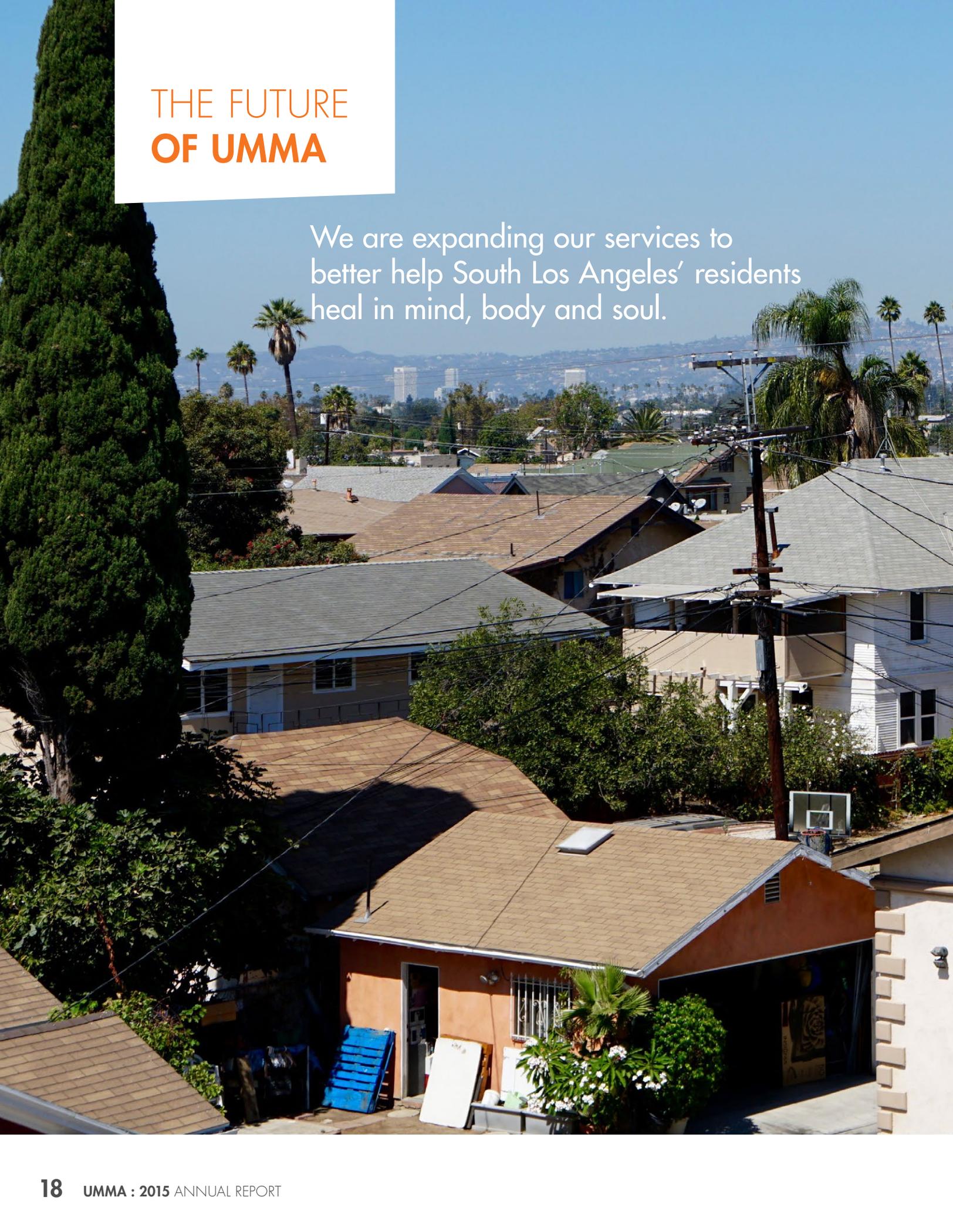
Foundation Grants: **\$457,028**

Other Revenue: **\$259,258**

TOTAL REVENUE **\$6,351,726**

TOTAL EXPENSES **\$5,849,908**

TOTAL NET REVENUE **\$476,969**



THE FUTURE OF UMMA

We are expanding our services to better help South Los Angeles' residents heal in mind, body and soul.



BEHAVIORAL HEALTH

Nearly a third of South Los Angeles' residents live at or below the Federal Poverty Line, which means less money for basic needs and commodities. Coupled with one of the highest death rates in the country, there is a great need for trauma counseling. We are already bringing on more behavioral health professionals to work alongside our patients to improve their minds and souls.

IMPROVED ACCESSIBILITY

From longer clinic hours and additional providers to improved facilities (including a mobile health unit), we are actively working to make healthcare accessible to all of South Los Angeles' 29 districts, from West Adams to Watts and everywhere in between. Our goal is to reduce the number of uninsured and increase the number of residents who are receiving regular, culturally responsive medical care.

**“WITH UMMA’S HELP, I GOT
A CHANCE TO BE SEEN BY
DOCTORS FOR MY ILLNESS
WITH RESPECT AND DIGNITY.”**

—Sara T.

UMMA Clinic

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**Fremont Wellness Center
& Community Garden**

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