

25 UMMMA

COMMUNITY CLINIC
YEARS OF SERVICE

CELEBRATING OUR PAST | BUILDING OUR FUTURE



2021 IMPACT REPORT

2021 BY THE NUMBERS

Patient Impact



28,269

Total Patient Visits



3,971

Behavioral Health Visits



24,298

Primary Care Visits



6,456

Patients in our Care



17,397

Telehealth Visits (Video/Telephone)



371,053 lbs.

of Food Distributed



15,768

Individuals Received Food



13,806

Vaccinations Administered



4,485

Food Insecurity Screenings



1,036

HbA1c Screenings - Diabetes



1,162

Colorectal Cancer Screenings

Patient Profile



42%

Live Below Poverty Line



62%

Medi-Cal Insured



31%

Uninsured



1,495

Ages 0-17



4,461

Ages 18-64



500

Ages 65+



72%

Latino



21%

African-American



47%

Best Served in a
Language other than
English

CELEBRATING OUR PAST | BUILDING OUR FUTURE

Dear Friends of UMMA Clinic,

2022 marks the 25th year of UMMA Community Clinic's service to Los Angeles, and I am extremely proud of the care that our staff show our communities every day. We pause to reflect on our past and celebrate a bright future ahead. With supporters and friends like you, UMMA continues to rank highest in terms of quality care amongst clinics in Los Angeles and has been recognized by the Department of Health and Human Services for our continued work in the community.

2021 also saw us continuing to be on the front line of our community, delivering over 13,800 vaccines to local community members. As one of the busiest vaccination sites in South Los Angeles, UMMA has further helped community members feel safe and has provided information about vaccine effectiveness. Your support has enabled us to go above and beyond for the call of service.

As part of building a bright future ahead, we are excited to be opening our new state-of-the-art dental facility during the first quarter of 2022. This vital service will expand much-needed access to comprehensive dental services to the community and students on the campus of John C. Fremont High School.

After 25 years, UMMA continues to expand its services and grow as an organization. We also know that much of our work involves sound public policy that serves the interest of the underserved. The pandemic has allowed us to be at the forefront of local, county, and federal advocacy to ensure the needs of our community continue to be heard and shared.

On behalf of our staff, community, and patients, thank you. Thank you for your continued commitment to ensuring that quality healthcare for all, regardless of ability to pay, continues to be our mantra into a bright future ahead.



Adel Syed, MPPA
Chief Executive Officer



Paul Wong, ESQ
Board Chairman

UMMA CLINIC BOARD OF DIRECTORS

PAUL WONG, ESQ
BOARD CHAIRMAN

RAZIYA SHAIKH, PHD
TREASURER

VIVIANNA TRUJILLO
SECRETARY

ALTAF KAZI, MD

MUNAF KADRI, MD

KATHRYN HICKMAN WINDLEY

JACQUELINE LOVE

EMILY REED

MEHDIREZA HIRJI, CPA

NAIM SHAH, SR.

RIDAA ATCHA

Students at UCLA and Charles R. Drew University establish the University Muslim Medical Association (UMMA). In the wake of the civil unrest of 1992, the students decide to open a free clinic with university support.

1992

As construction continues at the clinic, the students collect donated equipment and with the help of Councilwoman Waters, raise more than \$1.3 million in funds.

1994

On September 24, 1996, we see our first patient. Volunteers of all faiths come together to serve, and we incorporate as a non-profit one year later with our first Board of Directors.

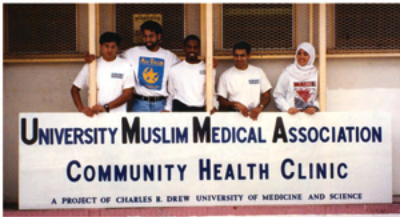
1996

2000

Donors from all faiths save the clinic from closing by coming together and donating more than \$400,000 in a single evening.

We are recognized by the United States Congress for our commitment to excellence as a model of Muslim philanthropy.

2006



We become the first Muslim American organization designated as a Federally Qualified Health Center (FQHC). A special status awarded by the U.S. government.

2009

We open the Fremont Wellness Center and Community Garden at John C. Fremont High School in South Los Angeles.

2014

We receive a federal grant to expand Behavioral Health services to the South Los Angeles community to meet the increased demand for this critical service.

2008

We are recognized by President Barack Obama at a White House reception. UMMA Clinic leaders testify before the US Congress on Health Reform.

2013

We are certified as a Patient Centered Medical Home by the National Committee of Quality Assurance (NCQA).

2015



We begin construction on three new expansion projects: a Dental Clinic at Fremont High School, a Behavioral Health wing at the Florence Clinic, and a new clinic location on Vermont Avenue.

2020

We reach 100,000 unique patient visits.

2021

We complete construction of the Dental Clinic at John C. Fremont High School.

2019

We address the COVID-19 crisis in South Los Angeles. Conducting more than 20,000 patient visits and distributing more than 8,000 emergency food packages to our community.

2020

We become one of the largest vaccination sites in South Los Angeles, administering more than 13,806 vaccinations to our community members.

2021



UMMA 2021 RECOGNITION AWARDS



COVID-19 VACCINATION EFFORTS



The COVID-19 pandemic has disproportionately impacted our South Los Angeles community which is predominantly Hispanic/Latino (68.2%) and African American (27.4%). In February 2021, UMMMA became one of the first entities to provide COVID-19 vaccination services in South Los Angeles.

The relationships we have fostered with community members over the past 25 years of service have helped us address issues of distrust and vaccination hesitancy. We continue to engage with our community about the availability, safety, and effectiveness of the COVID-19 vaccine. Through our flyer distributions, we have engaged 40+ community organizations, 500+ local businesses, and 50+ schools in the Los Angeles Unified School District's Community of Schools network. We continue to utilize our bimonthly Fremont Free Food Fair for COVID-19 related community engagement and to help address food insecurity in South Los Angeles.

Source: LA County Department of Public Health – Key Indicators of Health 2017

13,806 COVID-19 VACCINATION DOSES ADMINISTERED



TESTIMONIALS



UMMA reached out to me and told me that they are providing vaccines for their patients. This was my first dose and the experience was amazing.

“ We have been coming to UMMA for more than 20 years now. We are glad to finally get the vaccine. UMMA gives great care to everyone. We are grateful for everything that the doctors and nurses do. ”



“ I am grateful for having received the vaccine. Thank you UMMA for always treating me well. I know I can always count on you when I need anything. ”



FOOD INSECURITY INITIATIVE

For the last 5 years we have been hosting the Fremont Food Fair as part of our Food Insecurity Initiative. On the 2nd and 4th Wednesday of each month, we provide fresh fruits and vegetables to our South Los Angeles community members. This program provides fresh produce to more than 300 families per week. We also serve as a resource hub for 19 local community organizations who pick up fresh produce from us and distribute to their local communities.

We are grateful for our partnership with Food Forward. This past year we distributed **371,053** pounds of fresh fruits and vegetables to residents of South Los Angeles.



371,053 LBS OF FRESH PRODUCE DISTRIBUTED



BEHAVIORAL HEALTH

Our team of case managers and therapists provided comprehensive behavioral health services at both of our clinic locations, including individual and family counseling, case management, substance use treatment, grief counseling, chronic disease prevention classes, and diabetes education. We completed 3,971 Behavioral Health visits in 2021. Compared to 2020, there was a 24.4% increase in our Behavioral Health visits.

“ I was heading towards a divorce, after about 3 months of therapy at UMMA I have been feeling much more at peace with myself and my spouse. I realized I had a lot of issues and therapy helped me address those issues. Our marriage is stronger than before. ”

“ I started therapy because I had thoughts of suicide. After a few months of therapy at UMMA I feel way better. I now have hope for the future. ”

“ I have been able to tell you things I have never told anyone and I thought I would take to my grave. Talking to you about these things and not being judged has helped me emotionally. ”

“ You are definitely helping me see things from a different perspective and that helps me see my problems as much smaller than I thought they were. ”

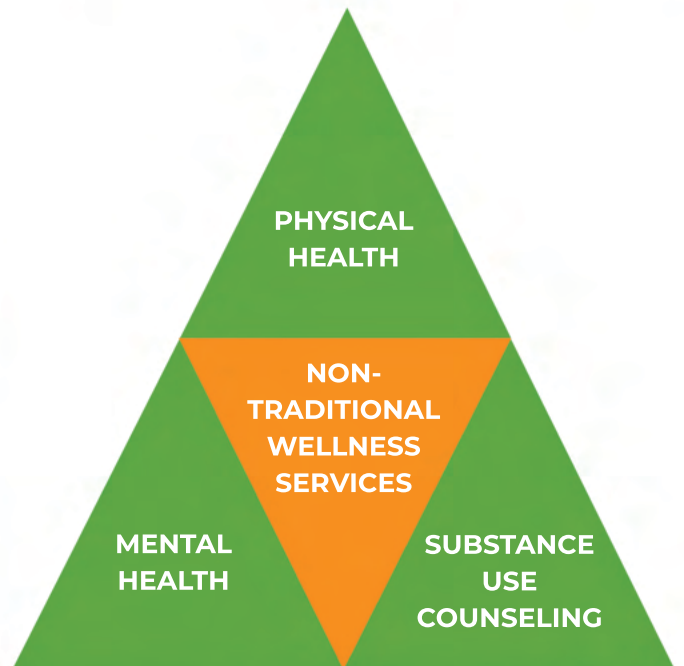
BLACK VISIONS OF WELLNESS

Black Visions of Wellness (BVOW) is a program designed to support African/African American communities by providing access to traditional and non-traditional care.

We strengthen African and African-American communities through services that encourage physical health, mental well-being and recovery while bringing cultural awareness and appreciation of the mind, body and soul. We aim to address chronic health conditions, substance use problems, trauma, depression, and stress. In partnership with the Los Angeles County Department of Mental Health, we served more than 100 community members in 2021.



INTEGRATED APPROACH TO WELLNESS



NON-TRADITIONAL WELLNESS SERVICES

As part of our non-traditional services we offered the following weekly online LIVE classes to our program participants:

- Cooking Class
- Zumba
- Chair Stretch
- Meditation
- Tai Chi
- Creative Writing



STUDENT HEALTH LEADERS PROGRAM

UMMA Teen Clinic



We help to inspire future generations to serve as peer-health advocates. Our Student Health Leaders program is geared towards engaging and empowering John C. Fremont High School youth through health education and campus-wide campaigns to promote the services available at our UMMA Teen Clinic and foster a healthier community. Student Health Leaders attended weekly meetings, conducted peer health presentations, tabled at health-related events, and led our monthly Teen Clinic Talks with John C. Fremont High School students.

With support from our partners at the Los Angeles Trust for Children's Health, Student Health Leaders completed monthly health education campaigns in the following topic areas: HPV, STD, Wellness & Adolescent Substance Use Prevention (WASUP), and Mental Health. In addition, Student Health Leaders highlighted important health issues related to lifestyle, behavioral health, UMMA Teen Clinic services, and COVID-19 vaccination through our @UMMATeenClinic Instagram account.

DENTAL CLINIC



High-quality dental services are a critical need in South Los Angeles. We are scheduled to open our new Dental Clinic at the John C. Fremont High School in April 2022. We estimate that we will serve our community with more than 2,600 annual visits.

73% of underserved children in Los Angeles have untreated **tooth decay**.

Students with toothaches are almost **4 times** more likely to have **low Grade Point Averages**.

Of those Angelenos who did not see a dentist, over **2 out of 3** came from **lower income households**.



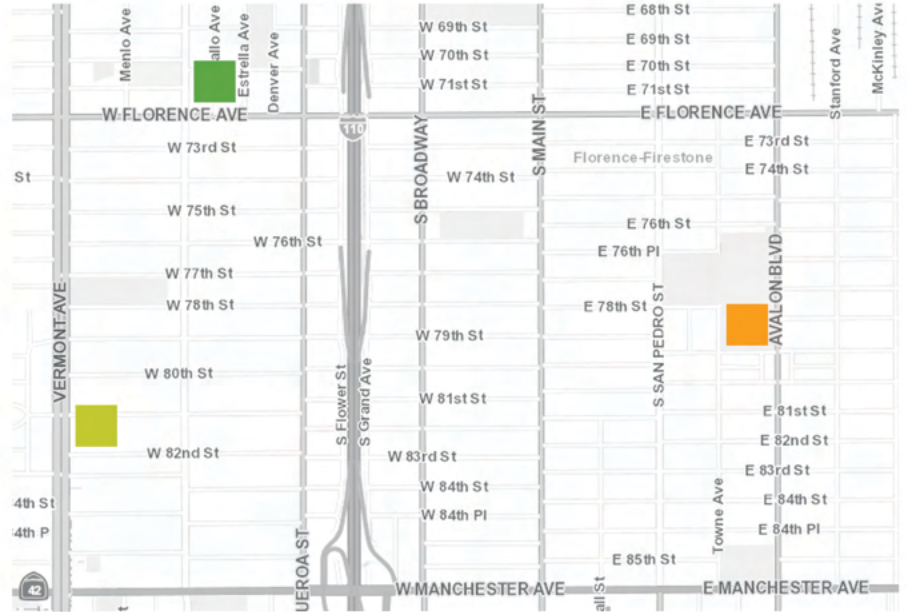
4,500 Los Angeles County kindergarten and third grade children need urgent dental care due to experiencing **severe mouth pain and serious infection**.

Painful teeth make eating difficult. Children with dental disease may **not be receiving the nutrition** they need to grow.

42% of Angelenos do not have tap water that is optimally fluoridated.

VERMONT CLINIC AND HEALTH ON WHEELS INITIATIVE




VERMONT CLINIC



Architectural plans have been submitted to the city of Los Angeles for our new Vermont Clinic. We aim to break ground in 2022.

This medical clinic will include:

- 6 patient exam rooms
- 2 laboratories
- 1 Conference room
- On-site parking lot

-  **Vermont Clinic**
-  **Florence Clinic**
-  **Fremont Wellness Center**

HEALTH ON WHEELS INITIATIVE



As part of our Health on Wheels Initiative, we have invested in a Mobile Health Clinic that comes equipped with 2 full-functioning exam rooms and a lobby area. Our Health on Wheels Initiative will launch in 2022.

SUPPORTERS

FUNDERS AND PARTNER ORGANIZATIONS

We would like to extend our gratitude to our funders, donors, and community partners. Their support is instrumental in helping us continue to deliver on our promise to provide high-quality healthcare for all.



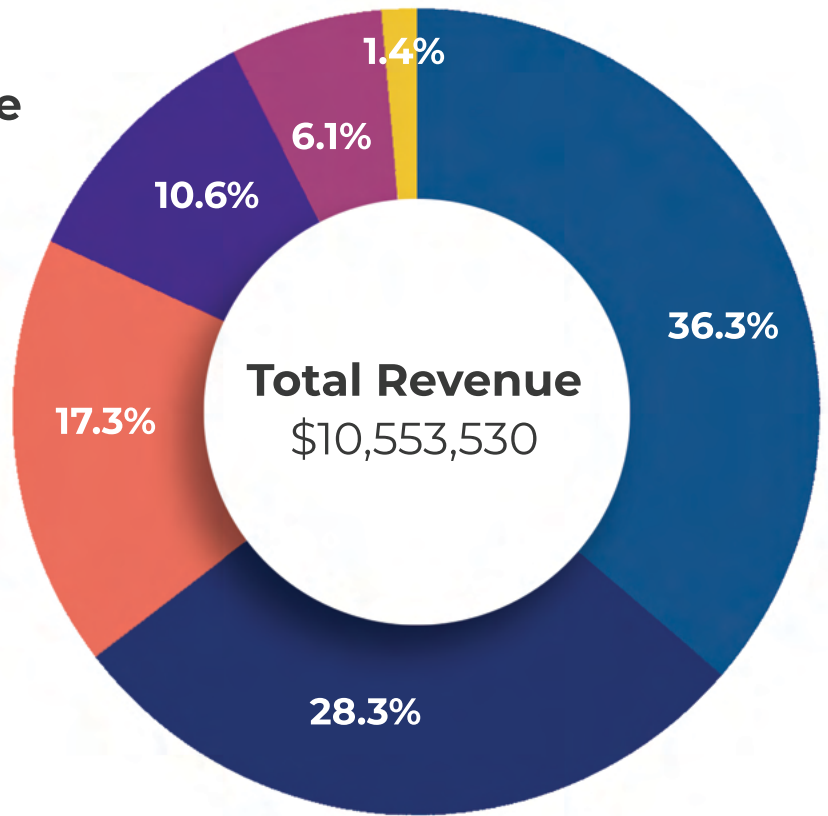
INDIVIDUAL DONORS

We are grateful for the support of our individual donors. In 2021, we received **\$645,221** from **995** donors. Your support across our various fundraising campaigns enabled us to expand our capacity to meet the critical needs of our community in South Los Angeles.

FINANCIAL REPORT

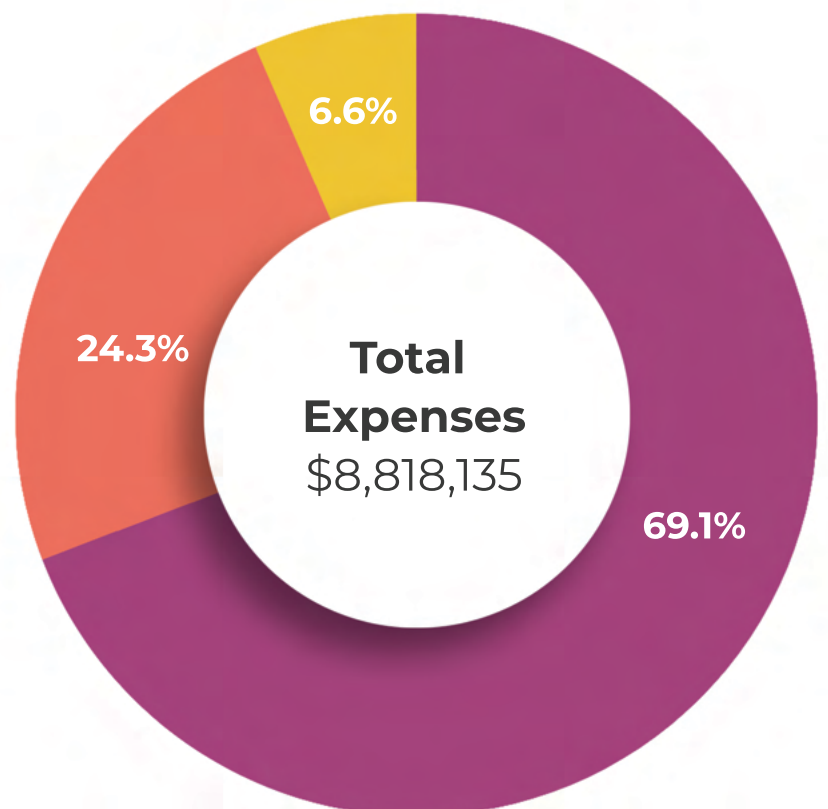
REVENUE

- **Net Patient Service Revenue**
\$2,986,249
- **Federal and State Grants**
\$3,835,212
- **Foundation Grants**
\$1,116,581
- **Individual Contributions**
\$645,221
- **Capitation Revenue**
\$1,825,471
- **Other Income**
\$144,796



EXPENSES

- **Integrated Health Services**
\$6,095,078
- **Support Services**
\$2,145,084
- **Programs**
\$577,973





106-year-old South Los Angeles resident (4 years old during the Spanish Flu) and her family received the COVID-19 vaccine at the UMMA Community Clinic.

25 **UMMA**
COMMUNITY CLINIC
YEARS OF SERVICE

UMMA CLINIC
711 W. FLORENCE AVE.
LOS ANGELES, CA 90044

FREMONT WELLNESS CENTER AND GARDEN
FREMONT FAMILY DENTAL CLINIC
7821 S. AVALON BLVD., LOS ANGELES, CA 90003

FOLLOW US      @UMMACLINIC

(323) 789-5610 | [INFO@UMMACLINIC.ORG](mailto:info@ummaclinic.org) | [DONATE ONLINE AT UMMACLINIC.ORG](https://www.ummaclinic.org)