

25 UMMMA

COMMUNITY CLINIC
YEARS OF SERVICE

WHERE HEALTHCARE MEETS COMPASSION



2022 IMPACT REPORT

2022 BY THE NUMBERS

Patient Impact



29,085

Total Patient Visits



25,024

Primary Care Visits



2,331

Behavioral Health Visits



696

Dental Care Visits



1,034

Case Management and CPSP Visits



6,868

Patients in our Care



13,337

Telehealth Visits (Video/Telephone)



335,560 lbs.

of Food Distributed



18,703

Households Members Received Food



2,650

Vaccinations Administered



4,190

Food Insecurity Screenings



1,312

HbA1c Screenings - Diabetes



1,189

Colorectal Cancer Screenings

Patient Profile



54%

Live Below Poverty Line



70%

Medi-Cal Insured



22%

Uninsured



1,735

Ages 0-17



4,538

Ages 18-64



595

Ages 65+



72%

Latino



15%

African American



49%

Best Served in a
Language other than
English

WHERE HEALTHCARE MEETS COMPASSION

Dear Friends,

As we return to some sense of normalcy in our daily lives, we have had the pleasure of witnessing our staff, clinicians, providers, volunteer program, and leadership work tirelessly alongside one another to ensure the health and well-being of our patients and communities. The year was not without its challenges, but there were some much-needed periods of relief along the continued roller coaster ride that we, and all in the medical field, continued to endure as we continued to provide care to our communities amid adjusting to the realities of unwinding from a pandemic.

One of the programs we were excited about launching this year, was our Centering Pregnancy initiative. Centering is patient – centered care and visits are scheduled with expecting mothers that allow for flexibility and time to explore health and wellness topics that are pertinent to various groups. Centering Pregnancy decreases the rate of preterm and low weight babies, increases breastfeeding rates, and leads to better pregnancy spacing. In addition, Centering Pregnancy has been shown to nearly eliminate racial disparities in preterm birth. African American women, who are at a higher risk for preterm birth in the US, experience lower risk of preterm birth when enrolled in Centering Pregnancy than in traditional care.

We were also proud of increasing access to healthy food, by expanding the work being done at our Free Farmers Market. Our Free Food Fair now takes place weekly, as we have increased distribution to two other schools in the area. We were able to accomplish this through the purchase of a box truck with the help and support of donors like you. Our Free Food Fair last year alone served 18,703 community members and distributed 335,560 pounds of produce. This is now one of the largest food distribution efforts in South LA.

As you will see in this year's annual report, our dedicated team at UMMA continue to wear their hearts on their sleeve in every aspect of their work. They were able to accomplish such meaningful work and projects that contribute to a healthy and flourishing community.

This remarkable work and continued dedication by our staff truly highlights the fact that UMMA's work, with your support, is critical now more than ever.

Thank you for your trust and support.



Adel Syed, Ed.D
Chief Executive Officer



Paul Wong, ESQ
Board Chairman

UMMA CLINIC BOARD OF DIRECTORS

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RIDAA ATCHA

25

QUALITY RECOGNITION

We are proud of our recognition as a Patient Centered Medical Home (PCMH). We are a recipient of the 2022 Health Resources and Services Administration (HRSA) Health Center Quality Leader, Addressing Social Risk Factors to Health, and Advancing Health Information Technology (HIT) awards. These designations reflect our commitment to increasing access to care for our community.



WHO WE ARE

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OUR MISSION

UMMA Community Clinic was founded in the wake of the 1992 Los Angeles civil unrest, when several University of California, Los Angeles medical and graduate students decided to use their talents and skills to help heal the devastating social, emotional, and economic conditions revealed by the unrest. Today, we are a Federally Qualified Health Center (FQHC) and Patient Centered Medical Home (PCMH) with a staff of 80 employees who provide an array of integrated healthcare services through **29,085** annual patient visits.

For over 25 years, we have been working to ensure that the social, medical, and behavioral health needs of South Los Angeles residents are met. We function as an innovative health center working to achieve health equity not only through integrated primary care, behavioral health, and oral health services, but also through unique health education programming and groundbreaking community engagement initiatives, including our Health on Wheels Initiative and Food Insecurity Initiative.

SOCIAL DETERMINANTS OF HEALTH AND SOCIAL JUSTICE FRAMEWORK



We view the social determinants of health (SDOH) as interrelated and our work as part of a larger push toward systemic health equity. We strive to be at the forefront of the social landscape fighting for health and justice.

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MEDICAL SERVICES

PRIMARY CARE

Our primary care services include pediatric care; men's and women's healthcare; family planning; health education; non-urgent medical care; routine physical exams; screening, diagnosis, and treatment of acute illnesses; and detection, monitoring, and treatment of chronic illnesses such as diabetes, hypertension, and asthma.

In 2022, we saw significant improvements in our screenings for diabetes control, hypertension control, breast cancer, and chlamydia.



MATERNAL AND CHILD HEALTH

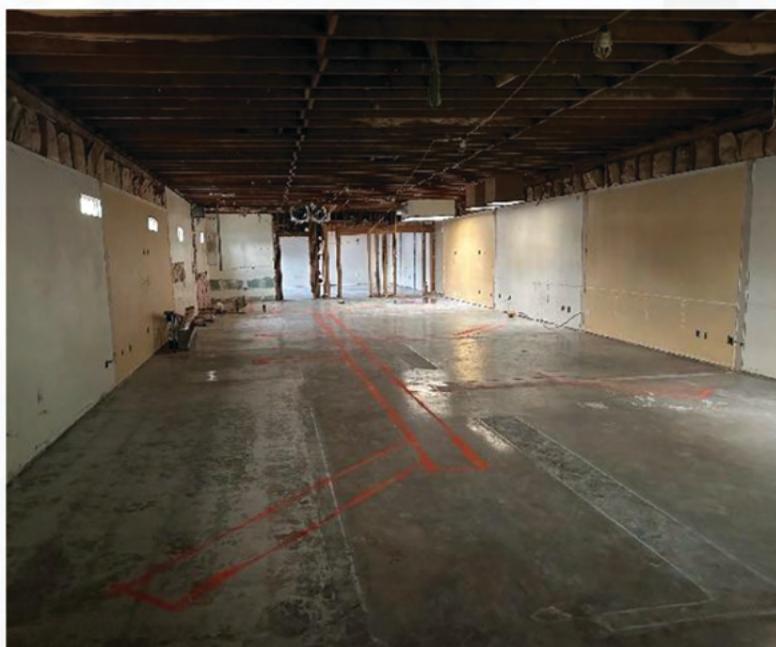
Our Prenatal Clinic aims to ensure a positive birth outcome for all our pregnant mothers and a healthy start for all babies ages 0 to 3 years. Our newly incorporated “CenteringPregnancy” and “CenteringParenting” group visit model of care allows for true transformation in our care delivery by increasing patient engagement, building on patient’s own skillsets, expanding community connections, enhancing access to our Comprehensive Perinatal Services Program (CPSP), and empowering pregnant women and new mothers in South Los Angeles to take charge of their own health. We served **181** prenatal patients in 2022.

VERMONT CLINIC

Architectural plans were approved by the city of Los Angeles for our new Vermont Clinic. We started construction in December 2022, scheduled to be completed the first quarter of 2023.

New Medical Clinic

- 6 patient exam rooms
- 2 laboratories
- 1 conference room
- On-site parking lot



HIV PREVENTION INITIATIVE

We are expanding access to HIV prevention services in South Los Angeles by decreasing the risk of HIV transmission. We are preventing new HIV infections through increased testing and counseling, linkage to treatment, and PrEP prescriptions when clinically indicated.

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FOOD INSECURITY INITIATIVE

335,560

POUNDS DISTRIBUTED IN 2022

NOW OFFERING
WEEKLY FOOD
DISTRIBUTIONS

We have been hosting the Fremont Free Food Fair as part of our Food Insecurity Initiative for more than 5 years. In 2022, we expanded to provide our services on a weekly basis instead of a bimonthly basis, thereby doubling produce distributions. This initiative provides:





“I am really grateful for the UMMA Community Clinic for being there for us. We thank them for all their hard work in making sure we have access to healthy food.”



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BEHAVIORAL HEALTH

2,331

BEHAVIORAL HEALTH VISITS
COMPLETED IN 2022

**COMPREHENSIVE
BEHAVIORAL HEALTH
SERVICES PROVIDED
AT BOTH CLINIC
LOCATIONS**

**INDIVIDUAL
AND FAMILY
COUNSELING**

**CASE
MANAGEMENT**

**GRIEF
COUNSELING**

**SUBSTANCE USE
TREATMENT**

**DIABETES
EDUCATION**

**CHRONIC
DIABETES
PREVENTION
CLASSES**

BLACK VISIONS OF WELLNESS

25

Black Visions of Wellness (BVOW) is a program designed to support African/African American communities by providing access to traditional and non-traditional care. We strengthen African and African American communities through services that encourage physical health, mental well-being and recovery. We aim to address chronic health conditions, substance use problems, trauma, depression, and stress. We served more than **150** community members.



As part of our non-traditional services, we offer the following weekly online LIVE classes to our program participants:

- Healthy Cooking and Family Meals
- Zumba
- Chair Stretch
- Meditation
- Tai Chi
- Empowerment Classes
- Candle Making



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STUDENT HEALTH LEADERS



We help to inspire future generations to serve as peer-health advocates. Our Student Health Leaders program is geared towards engaging and empowering John C. Fremont High School youth through health education and campus-wide campaigns to promote the services available at our UMMA Teen Clinic and foster a healthier community.

- Student Health Leaders attend weekly meetings, conduct peer health presentations, table at health-related events, and lead our monthly Teen Clinic Talks with John C. Fremont High School students.
- Student Health Leaders highlight important health issues related to lifestyle, behavioral health, UMMA Teen Clinic services, and COVID-19 vaccination through our @UMMA Teen Clinic Instagram account.



DENTAL CLINIC

25



We hosted our Fremont Family Dental Clinic Ribbon-Cutting Ceremony in partnership with the Los Angeles Unified School District.

Our Fremont Family Dental Clinic opened on the John C. Fremont High School campus in April 2022. Dental services include routine dental check-ups, teeth cleaning and fluoride application, application of sealants to molar teeth in a child's mouth to prevent cavities, full mouth treatment for serious tooth decay, and complete dental treatment. We are proud to offer this much-needed service to our South Los Angeles community.

We provided **696** dental visits.

1 IN 2 ADULTS **1 IN 10 CHILDREN**

DO NOT HAVE ACCESS TO DENTAL CARE IN SOUTH LOS ANGELES



DENTAL ISSUES REMAIN TOP CAUSE OF SCHOOL ABSENTEEISM IN LOS ANGELES UNIFIED SCHOOL DISTRICT

CHILDREN AND ADOLESCENTS WITH POOR ORAL HEALTH RECEIVE LOWER GRADES THAN THOSE WITH BETTER ORAL HEALTH

ADULTS WITH POOR ORAL HEALTH ARE MORE LIKELY TO MISS SCHOOL AND WORKING HOURS FOR URGENT AND UNPLANNED DENTAL VISITS

25

SUPPORTERS

FUNDERS AND PARTNER ORGANIZATIONS

We would like to extend our gratitude to our funders, donors, and community partners. Their support is instrumental in helping us continue to deliver on our promise to provide high-quality healthcare for all.



Charles R. Drew University of Medicine and Science
A Private University with a Public Mission

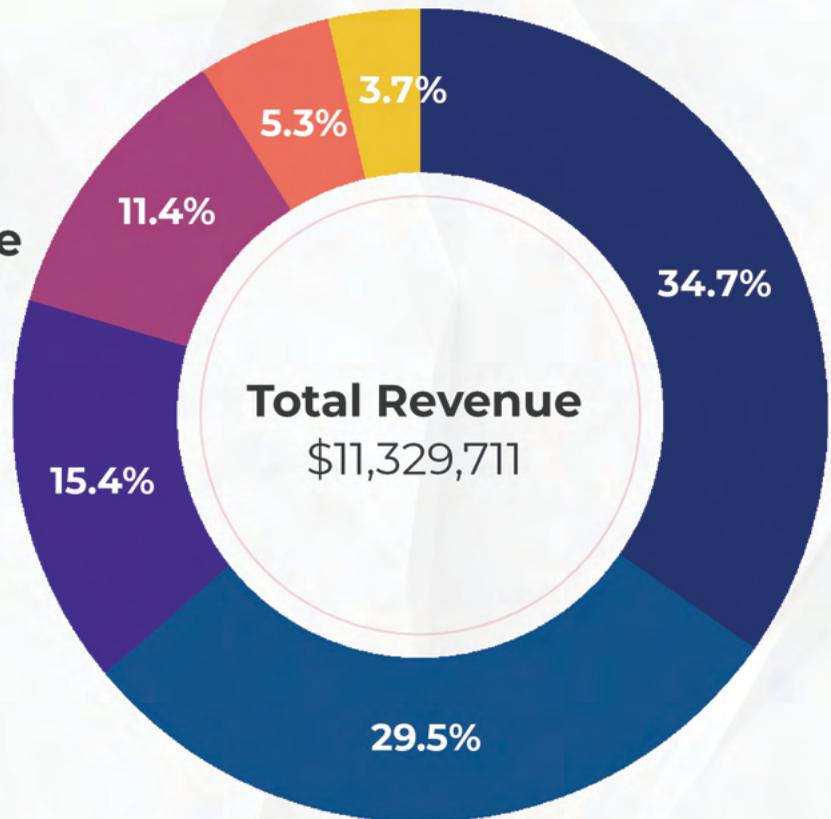


INDIVIDUAL DONORS

We are grateful for the support of our individual donors. In 2022, we received **\$605,520** from **979** donors. Your support across our various fundraising campaigns enabled us to expand our capacity to meet the critical needs of our community in South Los Angeles.

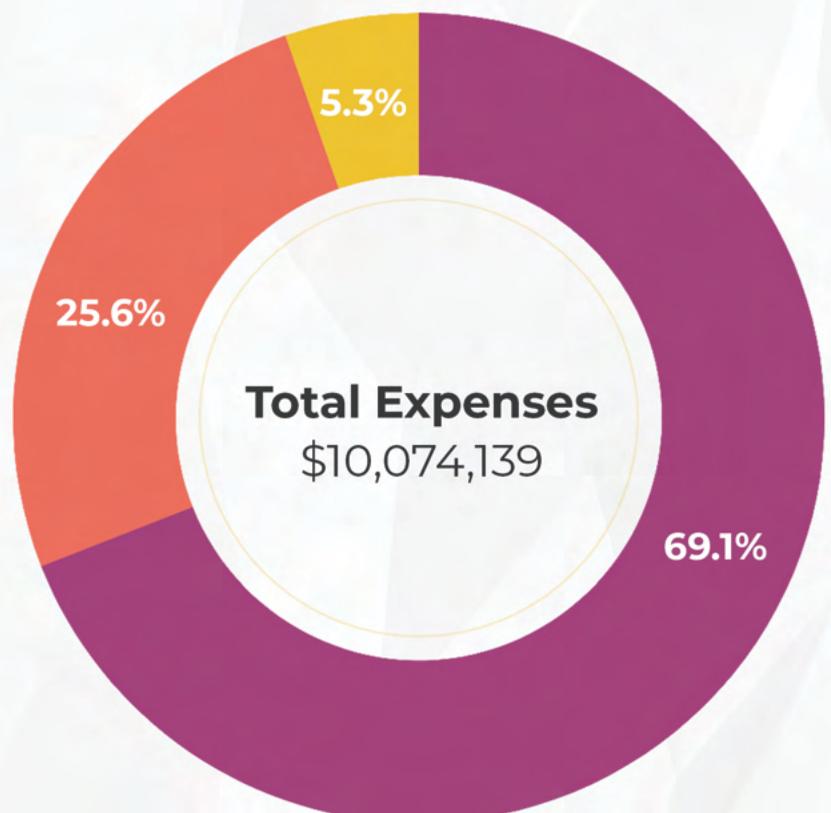
REVENUE

- Federal and State Grants**
\$3,928,023
- Net Patient Service Revenue**
\$3,340,181
- Capitation Revenue**
\$1,749,075
- Foundation Grants**
\$1,293,700
- Individual Contributions**
\$605,520
- Other Income**
\$413,212



EXPENSES

- Integrated Health Services**
\$6,954,734
- Support Services**
\$2,583,447
- Programs**
\$535,958



**Unaudited Financials*



UMMA COMMUNITY CLINIC



FREMONT WELLNESS CENTER AND COMMUNITY GARDEN



FREMONT FAMILY DENTAL CLINIC

25 **UMMA**
COMMUNITY CLINIC
YEARS OF SERVICE

UMMA COMMUNITY CLINIC
711 W. FLORENCE AVE.
LOS ANGELES, CA 90044

FREMONT WELLNESS CENTER
FREMONT FAMILY DENTAL CLINIC
7821 S. AVALON BLVD. LOS ANGELES, CA 90003

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