

25 UMMA

COMMUNITY CLINIC
YEARS OF SERVICE

EMPOWERING COMMUNITIES, ENRICHING LIVES



2023 IMPACT REPORT

2023 BY THE NUMBERS

Patient Impact



31,363

Total Patient Visits



24,912

Primary Care Visits



2,813

Behavioral Health Visits



3,638

Dental Care Visits



7,331

Patients in our Care



11,369

Telehealth Visits (Video/Telephone)



460,000 lbs.

of Food Distributed



6,565

Vaccinations Administered



1,299

HbA1c Screenings - Diabetes



2,464

Colorectal Cancer Screenings

Patient Profile



56.9%

Live Below Poverty Line



76.4%

Medi-Cal Insured



16.5%

Uninsured



27.9%

Ages 0-17



64%

Ages 18-64



8.1%

Ages 65+



64.9%

Latino



15.6%

African American



49.3%

Best Served in a
Language other than
English

EMPOWERING COMMUNITIES, ENRICHING LIVES

Dear UMMA Community,

As we navigate our way toward a renewed sense of gratitude, it has been truly inspiring to see our UMMA family—staff, clinicians, providers, and volunteers, banding together with unwavering dedication. Their collective effort has been a beacon of hope, ensuring the ongoing health and well-being of our patients and the broader community during a year of new adjustments and challenges .

The landscape of healthcare is rapidly evolving, and this year finds us on the brink of expanding our services to new clinical sites. Last year, we celebrated the launch of the Centering Pregnancy initiative, a clear reflection of our dedication to pioneering care. We are delighted to share that it has now been accredited by the Centering Healthcare Institute. This program has made significant progress in lowering the rates of preterm births, boosting breastfeeding rates, and facilitating better pregnancy spacing. Remarkably, it has also become instrumental in narrowing racial health disparities by providing African American women, who are disproportionately affected by pregnancy risks, with a safer pregnancy journey.

In our mission to nourish not just the health but the very lives of our community, we have significantly expanded our food distribution network. Our Free Food Fair, now a weekly event extending its reach to additional schools, has been made possible through your generous support. Last year, this initiative provided essential nutrition to over 20,005 household members, distributing more than 460,000 pounds of produce, making it one of the largest food distribution efforts in South LA.

As you explore this year's annual report, you will witness our endeavors in expansion and innovation that epitomize UMMA. Our team's deep commitment to service continues to yield significant contributions toward a healthier, flourishing community.

The remarkable dedication of our staff, bolstered by your invaluable support, underscores UMMA's essential role, now more than ever, in enhancing the lives of those we serve.

We express our heartfelt gratitude for your continued trust and backing. Together, we are forging a path of meaningful difference.

Warmest Regards,



Adel Syed, Ed.D
Chief Executive Officer



Paul Wong, ESQ
Board Chairman

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QUALITY RECOGNITION

We are proud of our recognition as a recipient of the 2023 Health Resources and Services Administration (HRSA) Health Center Quality Leader and Advancing Health Information Technology (HIT) awards. Additionally, we are recognized as Patient Centered Medical Home (PCMH) These designations are reflections not only of our coordination and quality, but our commitment to increasing access to care for our community.

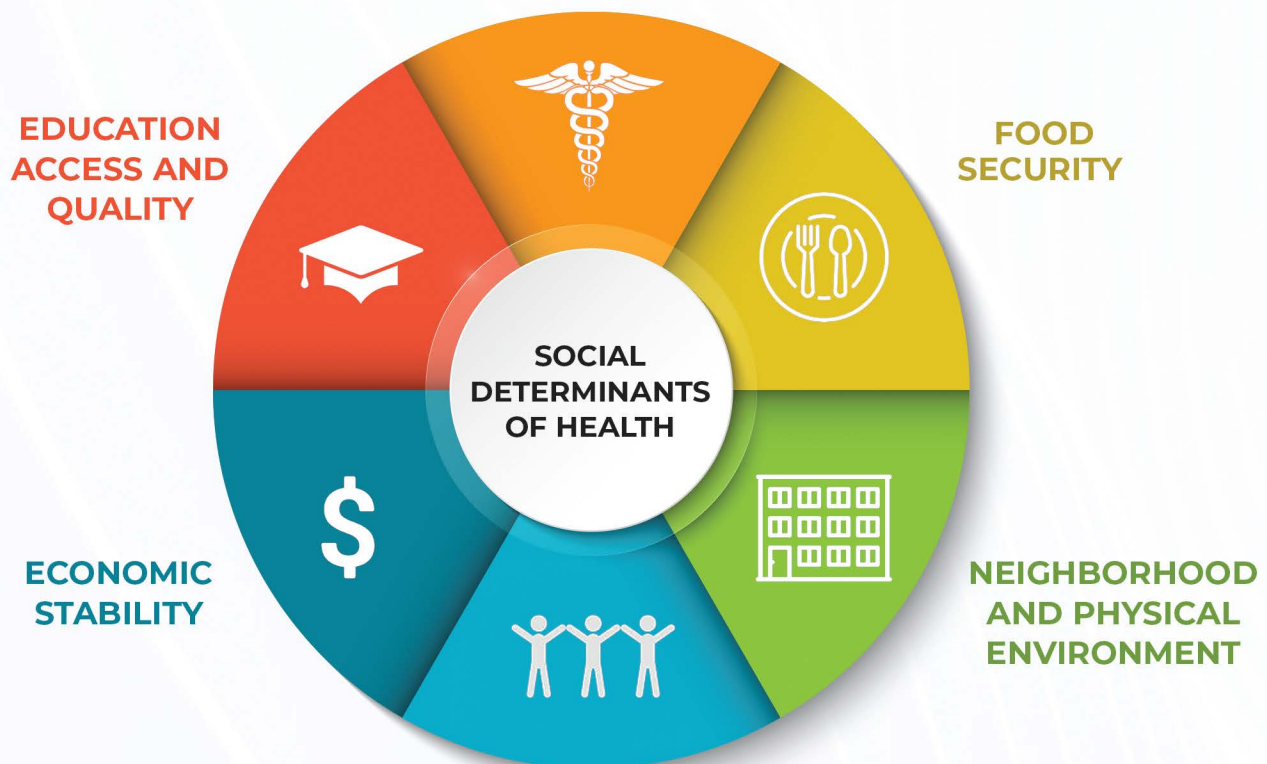


OUR MISSION

In the aftermath of the 1992 Los Angeles civil unrest, a group of visionary medical and graduate students from the University of California, Los Angeles, took a stand. They chose to channel their talents and skills into a force for healing, addressing the profound social, emotional, and economic rifts laid bare by the unrest. Today, UMMA stands as a beacon of hope and healing: a Federally Qualified Health Center (FQHC) and a recognized Patient Centered Medical Home (PCMH). Our dedicated team of 106 employees proudly delivers a comprehensive range of integrated healthcare services, touching the lives of over 30,000 patient visits annually.

For over a quarter of a century, UMMA has been steadfast in its mission to cater to the holistic needs of South Los Angeles residents. We are more than just a health center; we are a hub of innovation and equity in healthcare, offering an integrated suite of primary care, behavioral health, and oral health services. Beyond our clinical offerings, we are trailblazers in health education programming and community engagement. Initiatives like our pioneering Health on Wheels and Food Security programs are just a few examples of how we continue to break new ground, ensuring that every individual in South Los Angeles has access to the care they deserve.

HEALTHCARE ACCESS AND QUALITY



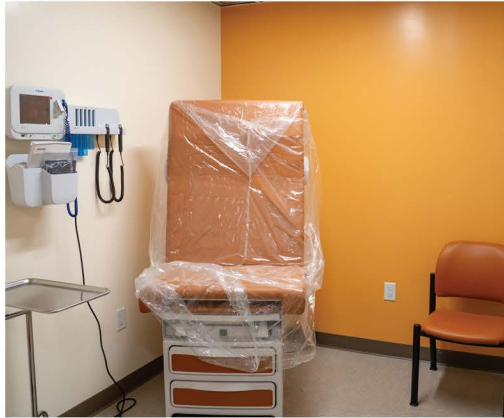
SOCIAL AND COMMUNITY CONTEXT

UMMA views the social determinants of health (SDOH) as interrelated and our work as part of a larger push toward systemic health equity. The SDOH that UMMA works to address include economic stability, neighborhood and physical environment, education, food security, healthcare, and community safety and social context.

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EXPANSION PROJECTS

Our **Vermont** location will evolve into a multi building medical center that will specialize in women's and pediatric health, both cornerstones of the South Los Angeles (South LA) Community.



Our **Jordan** location in partnership with LAUSD will replicate the successful model we have at our Fremont Wellness Center. This location will further reinforce our commitment to holistic health, creating fulfilled students.



The **Figueroa** location will have an emphasis on general family medicine, and our rapidly growing Black Visions of Wellness (BVOW) program. Eventually we envision adding an Urgent Care to the facility as well. The Figueroa Clinic will serve as one of our largest sites and provide up to 10 patient exam rooms!



MEDICAL SERVICES

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PRIMARY CARE

Our services include primary care; pediatric care; men's and women's health care; family planning; and health education. Primary care covers everything from non-urgent medical needs and routine check-ups to the screening, diagnosis, and management of acute and chronic conditions, including diabetes, hypertension, and asthma. We prioritize consistent care, focusing on preventive measures like screenings and immunizations, coupled with patient education and lifestyle support, to ensure our community's health and well-being.

In 2023, we saw significant improvements in Breast Cancer Screening, Diabetes Screening and Management, and Adolescent Immunizations. Additionally, our Hypertension Control, Chlamydia Testing, and Lead Screenings had substantial improvements.



MATERNAL AND CHILD HEALTH

UMMA is working to reduce maternal and infant health disparities in South Los Angeles through our Prenatal Clinic which aims to ensure a positive birth outcome for all our pregnant mothers and a healthy start for all babies ages 0 to 3 years. Our newly incorporated and accredited CenteringPregnancy and CenteringParenting group visit model of care allows for true transformation in UMMA's care delivery by increasing patient engagement, building on patient's own skillsets, increasing community connections, enhancing access to our Comprehensive Perinatal Services Program (CPSP) services, and empowering pregnant women and new mothers in South Los Angeles to take charge of their own health. We served **226 prenatal patients** in 2023.

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FOOD SECURITY INITIATIVE

430,000 POUNDS DISTRIBUTED IN 2023

WEEKLY FOOD DISTRIBUTIONS

UMMA has been hosting the Free Food Fair as part of our Food Security Initiative for more than 7 years. Every Wednesday, we provide free fresh fruits and vegetables to our South Los Angeles community.



FRESH PRODUCE FOR MORE THAN 300 FAMILIES PER WEEK



A RESOURCE HUB FOR 19 LOCAL COMMUNITY ORGANIZATIONS



IMPORTANT RESOURCES FOR OUR COMMUNITY MEMBERS



NEW DISTRIBUTION LOCATIONS IN PARMELEE ELEMENTARY AND BETHUNE MIDDLE SCHOOL

2,813

BEHAVIORAL HEALTH VISITS COMPLETED
IN 2023. 18.84% INCREASE SINCE 2022

COMPREHENSIVE
BEHAVIORAL HEALTH
SERVICES PROVIDED
AT BOTH CLINIC
LOCATIONS

INDIVIDUAL
AND FAMILY
COUNSELING

CASE
MANAGEMENT

GRIEF
COUNSELING

SUBSTANCE USE
TREATMENT

DIABETES
EDUCATION

CHRONIC
DIABETES
PREVENTION
CLASSES

25

BLACK VISIONS OF WELLNESS

Our Black Visions of Wellness (BVOW) program is dedicated to uplifting African/African American communities by ensuring they have access to a blend of traditional and holistic healthcare services. We are committed to fortifying the well-being of these communities by offering services that foster physical health, mental wellness, and recovery.



As part of our non-traditional services, we offer the following weekly online LIVE classes to our program participants:

- Cooking Class
- Zumba
- Chair Stretch
- Meditation
- Tai Chi
- Yoga
- Creative Writing



In collaboration with the Los Angeles County Department of Mental Health, UMMA successfully reached over 100 community members with our BVOW program in 2023, marking a significant milestone in our journey towards comprehensive community health empowerment.

STUDENT HEALTH LEADERS

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We help to inspire future generations to serve as peer-health advocates. Our Student Health Leaders program is geared towards engaging and empowering John C. Fremont High School youth through health education and campus-wide campaigns to promote the services available at our UMMA Teen Clinic and foster a healthier community.



UMMA Student Health Leaders presenting their work at our 2023 Gala

- Student Health Leaders attend weekly meetings, conduct peer health presentations, table at health-related events, and lead our monthly Teen Clinic Talks with John C. Fremont High School students.
- Student Health Leaders highlight important health issues related to lifestyle, behavioral health, reproductive health, and UMMA Teen Clinic services, and COVID-19 vaccination through our @UMMATEenClinic Instagram account.



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DENTAL CLINIC



We hosted our Fremont Family Dental Clinic Ribbon-Cutting Ceremony in May 2022, in partnership with the Los Angeles Unified School District and the Los Angeles Trust for Children's Health.

Our Fremont Family Dental Clinic opened on the John C. Fremont High School campus in April 2022. UMMA's dental services include routine dental check-ups, teeth cleaning and fluoride application, application of sealants to molar teeth in a child's mouth to prevent cavities, full mouth treatment for serious tooth decay, and complete dental treatment. UMMA is proud to offer this much-needed service to our South Los Angeles community.

3638

DENTAL VISITS IN 2023
5X AMOUNT OF 2022

1 in 2 adults do not have access to dental care in South LA



1 in 10 children do not have access to dental care in South LA



Dental issues remain the top cause of school absenteeism among LAUSD students



Studies have found that children and adolescents with poor oral health miss more school and receive lower grades than those with better oral health

Adults lose more school or work hours for urgent, unplanned dental visits

GALA | A YEAR TO REMEMBER

25

As we emerged from the challenges posed by the COVID-19 pandemic, this milestone offered us a unique opportunity to gather once again with our cherished community of supporters. It was a night to remember, with over 450 attendees coming together to honor our collective journey and the impact we have made over the years.



This special event not only commemorated a quarter-century of dedicated service and community engagement but also became a testament to the strength and generosity of our supporters. Thanks to their overwhelming support, we raised over \$350,000 in just one evening. This remarkable achievement underscores the deep-rooted connections and shared commitment we have with our community, propelling us into the future with renewed energy and purpose. As we reflect on this significant anniversary, we are filled with gratitude for the continued support that enables us to serve and make a difference in the lives of those we care for.



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SUPPORTERS

FUNDERS AND PARTNER ORGANIZATIONS

We would like to extend our gratitude to our funders, donors, and community partners. Their support is instrumental in helping us continue to deliver on our promise to provide high-quality healthcare for all.



Charles R. Drew University of Medicine and Science
A Private University with a Public Mission



INDIVIDUAL DONORS

We are grateful for the support of our individual donors. In 2023, we received **\$634,945** from our committed donors. Your support across our various fundraising campaigns enabled us to expand our capacity to meet the critical needs of our community in South Los Angeles

REVENUE

■ Net Patient Service Revenue

\$6,427,327

■ Federal & State Grants

\$4,555,453

■ Foundation Grants

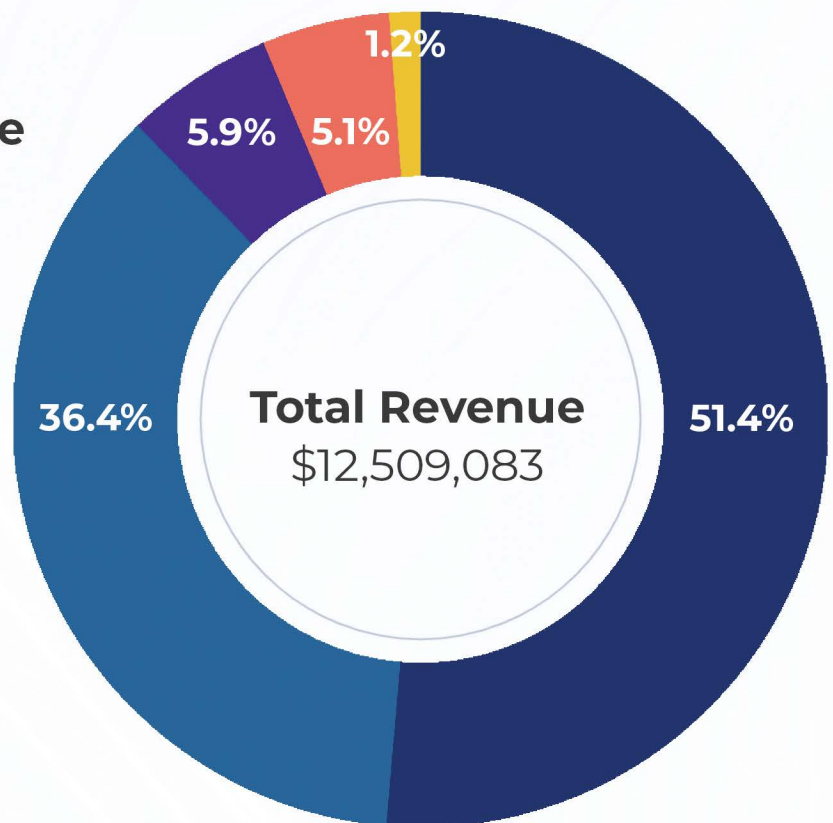
\$740,149

■ Individual Contributions

\$634,945

■ Other Income

\$151,209



EXPENSES

■ Integrated Health Services

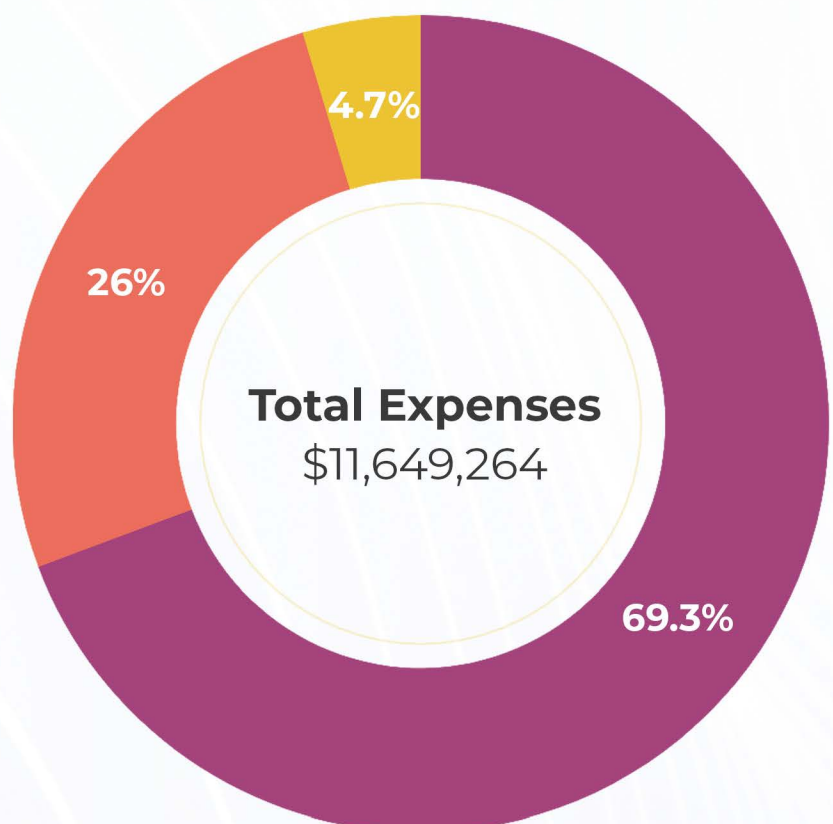
\$8,072,650

■ Support Services

\$3,034,377

■ Programs

\$542,237



**Unaudited Financials*



UMMA COMMUNITY CLINIC



FREMONT WELLNESS CENTER AND COMMUNITY GARDEN



FREMONT FAMILY DENTAL CLINIC



FIGUEROA CLINIC



VERMONT CLINIC



WELLNESS CENTER AT JORDAN HIGH SCHOOL

25 **UMMA**
COMMUNITY CLINIC
YEARS OF SERVICE

UMMA COMMUNITY CLINIC
711 W. FLORENCE AVE.
LOS ANGELES, CA 90044

FREMONT WELLNESS CENTER
FREMONT FAMILY DENTAL CLINIC
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